



## March 2026 Newsletter

Dear valued contact,

### Welcome to our Spring Newsletter

This month, we're sharing updates on our upcoming events, expanding workshop programme, and the launch of our new Diabetic Foot Screening: E Course / Blended Learning Programme. We're also highlighting Nutrition and Hydration Week and supporting wider professional development opportunities within the healthcare and complementary therapy community. As always, our focus remains on strengthening knowledge, building confidence, and improving outcomes in diabetes care.

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### Where you can find us in March 2026!



As we head into March, we're looking forward to a busy month of events and the opportunity to connect with diabetes and foot health professionals across the UK. The DUET diabetes team will be exhibiting at the Foot & Ankle Show 2026 in Liverpool on 3–4 March, followed by the Yorkshire Foot Health Conference 2026 in Barnsley on 28 March. These events are a fantastic chance to meet the team, discuss best practice in diabetic foot care, and find out more about our specialist workshops about Diabetic Foot Screening. If you're attending, do come and say

hello, we'd love to talk about how DUET diabetes can support your ongoing professional development.

- **Foot & Ankle Show 2026 | 3 & 4 March 2026 | Liverpool**
- **Yorkshire Foot Health Conference | 28 March 2026 | Barnsley Yorkshire**
- **Norfolk & Suffolk Care Support Provider Meeting | 14 April 2026 | Taverham, Norfolk**
- **West Midlands Foot Health Conference | 6 & 7 November 2026 | Solihull, West Midlands**

Events in 2026

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## **DUET diabetes Open Workshops for 2026**



Our 2026 Open Workshop programme continues to gather momentum, and we're delighted to be adding even more opportunities for you to enhance your skills.

Following the successful launch of our Demystifying Dopplers & Diabetic Foot Screening Refresher workshop in Barnsley this March, we are pleased to announce a new Diabetic Foot Screening workshop taking place on 4 August in Birmingham.

Designed to build practical confidence and strengthen clinical decision-making, this hands-on session provides clear guidance, supportive learning, and the opportunity to ask questions in a friendly, interactive environment. As always, places are limited to maintain quality and engagement, so early booking via the DUET diabetes website is strongly recommended.

More dates and locations are currently being finalised, keep an eye on our website and social media channels for the latest updates.

- **Demystifying Dopplers & Diabetic Foot Screening Refresher | 27 March 2026 | Barnsley, Yorkshire**
- **Demystifying Dopplers & Diabetic Foot Screening Refresher | 18 April 2026 | Swindon, Wiltshire**
- **Diabetic Foot Screening | 9 May 2026 | Somerset**
- **Diabetic Foot Screening | 4 August 2026 | Birmingham**

### Workshops in 2026

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## **Nutrition and Hydration Week - 16 - 22 March 2026**



March also brings an important date in the calendar with Nutrition and Hydration Week 2026 taking place from 16–22 March. This national awareness week is a valuable opportunity to highlight the crucial role that good nutrition and effective hydration play in overall health and diabetes management. Throughout the week, we encourage healthcare professionals to reflect on best practice, share learning within their teams, and consider how small, practical improvements can lead to meaningful outcomes for the people they support. At DUET diabetes, nutrition and hydration remain key themes within our education and training, helping professionals feel confident in delivering evidence-based, person-centred care.

For social care providers supporting people aged 65+ in **Norfolk & Waveney**, fully funded hydration training is also available through Training in Healthcare, a fantastic opportunity to strengthen staff knowledge and enhance day-to-day hydration support. Find out more via our website or get in touch with the team for further information. **Find out more**

### Nutrition & Hydration Week

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## **Brand New Training Option - Diabetic Foot Screening: E Course / Blended Learning Programme**



### **Diabetic Foot Screening:**

### **E Course / Blended Learning Programme**

We're excited to be preparing for the launch of our new Diabetic Foot Screening: E Course / Blended Learning Programme — a flexible, evidence-based course designed to support care homes, domiciliary and live-in care providers, private podiatry, foot health practitioners, and NHS healthcare professionals alike.

This comprehensive and engaging programme combines online learning with a virtual classroom and further support regarding in person practical competency assessment if required. The training empowers teams to meet National UK standards, strengthen diabetic foot surveillance, and deliver holistic, high-quality care with confidence.

Whether you are looking to protect individuals from preventable complications, demonstrate excellence to families and inspectors, evidence a skilled workforce to commissioners, or simply build your own clinical confidence within a busy schedule, this course provides the knowledge, skills and reassurance to deliver safer, more effective diabetic foot care every day. Registering your interest early is recommended as we anticipate high demand ahead of the official launch later this year.

[Find out more](#)

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**Learn Reflexology & Elevate Reflexology Practice**



We are delighted to support a number of educational and beauty & holistic therapy training organisations, such as:

- **St Mary's University London in promoting their Level 3 Diploma in Reflexology for the Complementary Therapist (ITEC)**
- **Phoenix Holistic & Complementary Therapy Training**
- **Beauty 2 the Max Academy**

These organisations equip learners with the practical skills, underpinning knowledge, and confidence to practise safely and effectively. Ideal for those looking to expand their therapeutic skillset or begin a career in complementary therapy, their courses provide high-quality training within differing settings.

Regardless of where students choose to learn a foot related profession, we believe professionals such as these can be an invaluable extra pair of eyes, ears and hands for clients who live with diabetes...and could be part of the solution to help reduce the 180+ diabetes related amputations that take place in this country each week (over 80% are believed to be preventable).

That is why our industry specific training gives the beauty and holistic therapy sectors a unique opportunity to make a meaningful impact by helping identify and prevent potential issues before they become serious.

[Find out more](#)

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If you'd like to explore how DUET diabetes could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Warm regards

**Lynne Reedman & DUET diabetes team**

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