

# Diabetes Awareness and BGM & Glucometer Training

**Lowestoft: 10 July 2026, 9.00am-4pm**

We will take you on a 'diabetes learning journey'; to lay the foundations of diabetes understanding and the build on that knowledge to provide the skills and confidence to support adults living with diabetes.

Our aim is to help you to:

- Have an awareness and knowledge of what diabetes is and how it is managed
- Understand the implications for the older adult
- Increase skills and confidence when looking after people with diabetes (including the older adult)
- Maintain or even improve the quality of life for adults living with diabetes
- Acquire the knowledge and skills to be able to competently undertake capillary blood glucose monitoring for people living with diabetes.



This training has been developed by DUET diabetes Ltd  
and will be led by an experienced healthcare professional and educator  
(includes a printed delegate pack and certificate on successful completion of the training)

**Price: £139+VAT**

**See overleaf for details on how to book places**

**Venue:** The Otium Centre, Meadow Road, Oulton, Suffolk, NR32 3AZ

**To pay by credit/debit card:** please scan QR code to book and pay via the Ticket Tailor online platform

(or visit <https://buytickets.at/duetdiabetesltd/2233954>)

**To pay via BACS:** please email [info@duetdiabetes.co.uk](mailto:info@duetdiabetes.co.uk) to provide your name, contact phone number and the number of places you would like to book. You will then receive an invoice via email.



**Tea and coffee is provided with refreshment breaks.**

**Please bring your own lunch to the session as this is not included.**

## **What have previous attendees working in social care provider roles said about this workshop?**

**“I attended the Diabetes training today. Absolutely brilliant, we all loved it and found it so beneficial. We are taking so much back with us to use in the home.**

**It will improve our delivery of care around Diabetes and improve outcomes for residents. Thank you so much.”**

**“All very useful from start to finish. Particularly found that having the foundations explained about diabetes will help with understanding the best course of action to take. Very interesting thank you.”**

**“All of the training was very informative and easy to understand. The practical session was very useful.”**

**“I thought the workshop was excellent & the trainer explained everything in a simple manner so easier to understand. Happy to answer questions too, a lovely informal atmosphere for a serious topic. Thank you.”**

**“I found the training to be excellent – I was pleased to be able to take part in it and feel that my knowledge was increased as a result.”**

**“Excellent update of knowledge in a great informal environment that allowed questions and interaction. For me today was an update of existing knowledge and was just what I needed to improve my confidence and prove that I do know stuff. Thanks”**

**“Applying diabetes care to care home setting as I was [previously] hospital based.”**