



July 2025 Newsletter

Dear valued contact,

Welcome to summer with DUET diabetes

This month, DUET diabetes have been busy gathering knowledge, sharing expertise, and connecting with professionals across the UK. From leading hands-on Diabetes Foot Screening and ABPI workshops in Norfolk and Perth, to attending the Foot Health Conference in Telford and the Facing the Future with Breakthrough T1D event in London, DUET diabetes continues to ensure our training remains current, practical, and person-centred.

We also joined discussions at the Public Policy Project Diabetes Care Conference and supported the launch of the Community Health Equity Ambassadors initiative. Every event brings new insights to enhance our workshops and strengthen the support we provide to professionals working with people living with diabetes.

June in Focus: Learning, Sharing, and Shaping the Future of Diabetes Education



June has been an incredibly busy month for DUET diabetes founder Lynne Reedman, who has attended a variety of events across the UK, all with one goal

in mind: to gather insights, share expertise, and ensure our workshops remain current, relevant, and impactful.

By immersing herself in events that bring together health professionals, policy makers, and community advocates, Lynne continues to bridge the gap between clinical knowledge and practical, hands-on training. Each event offers new learning, fresh perspectives, and valuable connections—strengthening the content delivered through DUET's workshops.

Here's a snapshot of the events that shaped June:

7 June – Norfolk Footcare Workshop: Lynne attended this workshop in Norfolk, connecting directly with footcare professionals and receiving insightful feedback that will help evolve future sessions. The afternoon session was led by podiatrist Gareth, who is also a DUET diabetes educator, who shared practical insights into using dopplers and a useful session entitled "Balls to Biomechanics!"

9 June – Virtual Lunchtime Learning: Diabetes Foot Awareness: This online lunch & learn session, organised by Louise Searles of The Holistic, Beauty & Nail Training Group, brought together reflexologists, beauticians and holistic foot therapists to understand the vital role they can play in preventing foot complications. The emphasis was on early detection and empowering non-clinical professionals with limb (and potentially life) saving knowledge.

10/11 June – Foot Health Conference, Telford: As a delegate at one of the largest foot health conferences, Lynne absorbed expert talks, networked with podiatrists and foot care specialists, and discovered exciting new products, such as 'Zero Sole', that may benefit people with diabetes. She met up with familiar faces from the foot health world including Alex Hepburn (A&A Footcare), Ash Small (The Foot Fairy), and Samantha Bates (Footcare by Sam), explored innovations and up to date products and resources from the likes of from Bailey Instruments, Dermatronics, Cosy Feet and The Independent Diabetes Trust. ([read more here.](#))

17 June – Facing the Future with Breakthrough T1D, London: Hosted at the Royal College of Physicians, this event launched a thought-provoking report about ageing with type 1 diabetes. After introducing the report and a short presentation from Karen Addington MBE (Chief Executive, Breakthrough T1D), there were interesting talks by respected figures Prof Partha Kar and Dr Jonathan Golding, along with a passionate speech from Martin Scivier who has been living with type 1 diabetes for over 70 years.

It was a privileged opportunity to chat to some of those who contributed to the report as well as the researchers from MEL Research, the consultancy who completed research underpinning the report...gathering insights that will directly enhance the approach to person-centred care. ([read more here.](#))

22 June – ABPI Workshop, Norwich: Our hands-on training continued in Norfolk, with BxClinic hosting the Ankle Brachial Pressure Index Assessment workshop. These practical sessions remain a core part of DUET diabetes's mission to support community practitioners with clinical skills.

25 June – Public Policy Project: Diabetes Care Conference, London: Lynne joined key stakeholders to explore how policy and practice can align to improve

diabetes care in the UK. She captured insights on national strategies and took part in conversations around community-led approaches to care.

26 June – Community Health Equity Ambassadors Launch: A new initiative that DUET diabetes is proud to support and promote. This project is set to train local 'ambassadors' as health advocates...empowering communities to live fulfilling healthy lives. More details to come in the coming weeks!

27 June – Diabetic Foot Screening Workshop, Perth: DUET diabetes wrapped up the month in Scotland, delivering another hands-on training session, demonstrating Lynne's commitment to supporting professionals across the UK.

Each event Lynne or colleagues attends is not just a date in the diary, it's a chance to learn, connect, and contribute to a healthier future. These experiences feed directly into the workshops DUET diabetes offers, ensuring they remain evidence-based, practical, and aligned with the real-world needs of healthcare professionals and the communities they serve.

By attending our workshops, you allow this journey of knowledge to continue.

Events

Workshops for 2025



We're pleased to be adding even more workshops to our 2025 calendar, offering practical, hands-on training to support your confidence and skills in diabetes care. Places are filling fast, early booking is strongly recommended.

Here's what's coming to a town near you.

- **Diabetic Foot Screening | 5 July 2025 | Towyn, North Wales**
- **Ankle Brachial Pressure Index Assessment | 22 July 2025 | Birmingham**

- **Diabetic Foot Screening | 6 September 2025 | Newtownabbey, NI**
- **Diabetic Foot Screening | 20 September 2025 | Shropshire**
- **Diabetic Foot Screening | 15 November 2025 | Greatham, Teesside**

While our open workshops, such as those on **Diabetic Foot Screening**, are a popular way to enhance skills and knowledge, we'd like to remind you that we also offer in-house workshops and commissioned training programmes. These tailored sessions are designed to meet the specific needs of health, social care, beauty & wellness providers, ensuring your team receives the training that's most relevant to them. Whether you prefer to join one of our scheduled workshops or organise a bespoke session, we're here to support you in providing exceptional care and services.



Why Attend our Training?

- Expert-led training focused on early detection of diabetic foot problems.
- Practical, hands-on sessions to build your confidence such as in foot screening techniques and blood glucose monitoring.
- Enhance person centred care with valuable knowledge that can help maintain or improve quality of life in a holistic, safe and responsive manner for people living with diabetes.

[Learn more & book your place](#)

Top Five Footcare Tips for Care Homes



It is important for people with diabetes to take good care of their feet as, if not properly managed, diabetes can cause damage to the feet which can lead to ulcers, limb loss, and other serious complications.

Please take a look at our blog, [Top Five Footcare Tips for Care Homes](#) and share this knowledge with your team.

Five Footcare Tips

Events for 2025

We're always out and about at events, eager to connect with individuals living with diabetes, their supporters, and professionals dedicated to diabetes care.

Whether you're looking to learn more about how we can support you or your organisation, or simply want to share insights about your own experiences, we're here for a chat.

Join us at the events below, where it would be a pleasure to meet you and discuss how we can assist you and the people living with diabetes you support.

Keep an eye out for updates as we add new locations, we'd love to meet you!

- **Vascular Day , Yorkshire | 2 October 2025**
 - **Suffolk Care Association Annual Conference | 23 October 2025**
 - **Suffolk 'Foot Health Gig' | 25 October 2025**
 - **West Midlands Foot Health Conference | 8 November 2025**
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If you'd like to explore how **DUET diabetes** could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Looking forward to connecting with you.

Best regards

Lynne Reedman & DUET diabetes team

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DUET diabetes Ltd | Cardinals Cottage, Mill Green, Horseheath, Cambridgeshire, CB21 4QZ

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