



September 2025 Newsletter

Dear valued contact,

Welcome to our September Newsletter.

In this edition, there is plenty of exciting news we have to share with you. Highlights in this newsletter include our upcoming presentation at the Royal College of Podiatry Regional Vascular Conference on 2nd October, details of our open workshops for the remainder of 2025, and two important awareness dates: Hypo Awareness Week in October and World Diabetes Day in November. We'll also give you details of the events we are attending for the rest of 2025. So, read on and we hope you'll join us on the journey.

Come & See Us Presenting at Royal College of Podiatry Regional Vascular Conference



North east region vascular conference

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DUET diabetes will be presenting
“An Introduction to Sounds on the Doppler”

DUET diabetes is delighted to be part of the Royal College of Podiatry Regional Vascular Conference (North East Branch) on 2nd October 2025 at the Novotel York Centre. As part of the programme, we'll be delivering An Introduction to Sounds on the Doppler, a practical and interactive session designed to refresh knowledge, build confidence, and revisit the key essentials. Supporting healthcare professionals with high-quality education remains at the heart of what we do, and

we're looking forward to contributing to what promises to be a highly valuable event.

You can find out more information about this event via the button below.

Royal College of Podiatry

Open Workshops for the remainder of 2025



We're delighted to be expanding our 2025 workshop calendar, with even more opportunities for practical, hands-on training designed to build confidence and strengthen skills in diabetes care. Demand is high and places are going quickly, so we encourage early booking to secure your place.

Here's what's coming to a town near you.

- **Diabetic Foot Screening | 20 September 2025 | Shropshire**
- **Diabetes Awareness & Blood Glucose Monitoring & Glucometer Training | 28 October 2025 | Dereham, Norfolk**
- **Diabetic Foot Screening | 1 November 2025 | Stockport**
- **Diabetic Foot Screening | 15 November 2025 | Greatham, Teesside**

We are coming to the southern regions of the England early 2026, so **register** your interest to nominate a town near you.

While our open workshops, such as those on **Diabetic Foot Screening**, are a popular way to enhance skills and knowledge, we'd like to remind you that we also offer in-house workshops and commissioned training programmes. These

tailored sessions are designed to meet the specific needs of health, social care, beauty & wellness providers, ensuring your team receives the training that's most relevant to them. Whether you prefer to join one of our scheduled workshops or organise a bespoke session, we're here to support you in providing exceptional care and services.



Why Attend our Training?

- Expert-led training focused on early detection of diabetic foot problems.
- Practical, hands-on sessions to build your confidence such as in foot screening techniques and blood glucose monitoring.
- Enhance person centred care with valuable knowledge that can help maintain or improve quality of life in a holistic, safe and responsive manner for people living with diabetes.

[Learn more & book your place](#)

Hypo Awareness Week - 6 to 12 October 2025



Get ready to join a vital national initiative Hypo Awareness Week, an annual campaign led by **Orange Juice Communications** to elevate awareness of hypoglycaemia among healthcare professionals across the UK.

Whether you're part of a hospital team or a primary care organisation, this is your opportunity to get involved. By registering, you'll access a comprehensive online resource pack and, on a first-come, first-served basis, receive a colourful printed pack featuring everything you need, posters, pens, stickers, and t-shirts, to energise your local campaign.

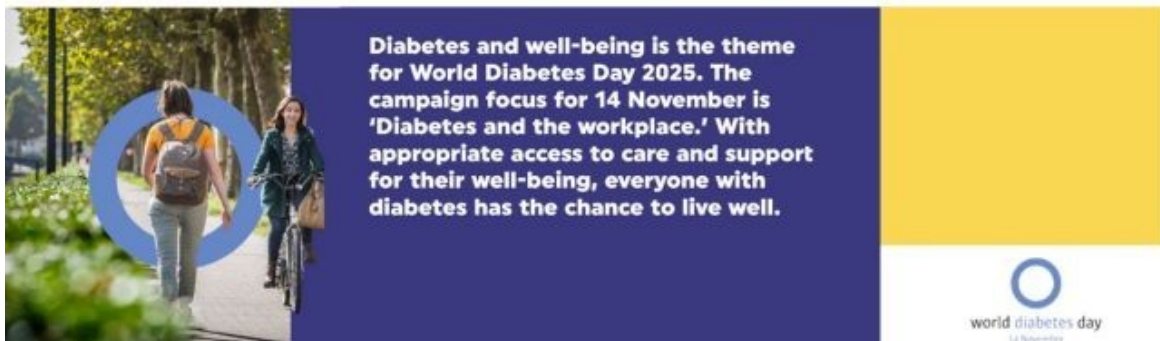
Social care providers can also get involved if the setting has a registered healthcare professional within the organisation.

Plus, don't miss your chance to highlight your efforts and enter the **Hypo Awareness Week Excellence Award** for the opportunity to be recognised for delivering a standout awareness-raising campaign. Let's empower our community to increase hypo awareness across the NHS and beyond!

Hypo Awareness Week

World Diabetes Day - 14 November 2025

Know more and do more for diabetes at work.



This year's World Diabetes Day focuses on "Diabetes and well-being", with a special emphasis on the workplace. It highlights the importance of ensuring that people living with diabetes have access to the right care and support to thrive both personally and professionally.

Why this day matters:

- Held each year on the birthday of Sir Frederick Banting, co-discoverer of insulin in 1922, it raises awareness of the ongoing global fight against diabetes.
- It is the largest diabetes awareness campaign in the world, reaching more than 1 billion people across over 160 countries.
- Around 7 in 10 people with diabetes are of working age, with many experiencing stigma, anxiety, or exclusion at work.

How DUET diabetes is making a difference

At DUET diabetes, we are committed to enhancing the lives of adults with diabetes by empowering healthcare professionals through education and training. On World Diabetes Day, we reaffirm our commitment to:

- Refreshing knowledge and skills that support well-being at work,
- Equipping professionals to foster supportive, inclusive environments,

- Reinforcing that well-informed care leads to better outcomes for everyone.

World Diabetes Day is not just about awareness—it's about turning awareness into action. Together, we can help create workplaces where people with diabetes are supported to live and work well.

Find out more....

World Diabetes Day

Events for 2025

We're always out and about at events, eager to connect with individuals living with diabetes, their supporters, and professionals dedicated to diabetes care.

Whether you're looking to learn more about how we can support you or your organisation, or simply want to share insights about your own experiences, we're here for a chat.

Join us at the events below, where it would be a pleasure to meet you and discuss how we can assist you and the people living with diabetes you support.

Keep an eye out for updates as we add new locations, we'd love to meet you!

- **Royal College of Podiatry NE Region Vascular Day , York | 2 October**
- **Suffolk Care Association Annual Conference | 23 October**
- **Suffolk 'Foot Health Gig' | 25 October**
- **West Midlands Foot Health Conference | 8 November**

Events

If you'd like to explore how **DUET diabetes** could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Looking forward to connecting with you.

Best regards

Lynne Reedman & DUET diabetes team

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