



February 2026 Newsletter

Dear valued contact,

Welcome to our February Newsletter

Welcome to our February newsletter, where we're sharing the latest updates from DUET diabetes as we head into a busy and exciting year ahead. This month, we're delighted to announce the launch of Twinkle Toes Magazine, alongside newly released dates for our open workshops in 2026. You'll also find details of where you can meet the DUET diabetes team this year, highlights for Nutrition and Hydration Week in March, and an important trademark scam alert to help keep your business protected. As always, we're here to support your learning, development, and best practice in diabetes and foot health care.

Twinkle Toes Magazine - First Edition Available NOW

Twinkletoes
Building a Stronger Foot
Health Community

WHAT YOU'LL FIND INSIDE



Clinical Insight



Aesthetic Innovation



Business & Practice

DUET diabetes are really proud to be supporting this innovative magazine and we have contributed to the first issue. We're delighted to say that **Twinkle Toes**, a brand-new bi-monthly magazine dedicated to foot health, beauty, business and community, is available now! Twinkle Toes brings together insights for foot health practitioners, podiatrists, clinicians, carers, educators and more, offering practical clinical content alongside trends and tools to support safe, effective and confident care.

Across six issues planned for this year, the magazine will showcase clinical expertise, aesthetic innovation and business insight, helping everyone passionate about foot care stay informed and inspired. Whether you work directly with people living with diabetes or are part of a broader foot health community, Twinkle Toes is a valuable new resource we're proud to support.

Discover the latest issue online and join us in celebrating this exciting addition to the foot health world!

Twinkle Toes

DUET diabetes Open Workshops for 2026



We are already in full swing for planning this years Open Workshops for you to attend.

New for 2026! After receiving many questions around Doppler use, we have developed a brand-new practical workshop which aims to demystify the topic and provide clear, confidence-building guidance. Our first **Demystifying Dopplers & Diabetic Foot Screening Refresher workshop** will take place on 27 March in Barnsley, the day before the **Yorkshire Foot Health Conference**. As with all our workshops, we ensure a friendly, interactive learning environment where questions are welcomed and networking is encouraged.

You can book via the **DUET diabetes website**. We are offering a 10% discount to delegates attending the Yorkshire Foot Health Conference. The discount code will be communicated by Servatius CIC (organising the conference) to booked delegates. Places are limited, so early booking is advised (as more than half the places have already been booked)!

Plenty more sessions being finalised...keep an eye on our website and social media channels!

- **ABPI Assessment | 21 February 2026 | Towyn, North Wales**

- Demystifying Dopplers & Diabetic Foot Screening Refresher | 27 March 2026 | Barnsley, Yorkshire
- Demystifying Dopplers & Diabetic Foot Screening Refresher | 18 April 2026 | Swindon, Wiltshire
- Diabetic Foot Screening | 9 May 2026 | Somerset

Workshops in 2026

Where you can find us in 2026!



As we move into February, we're getting ready for a busy and exciting events calendar for 2026. Next month, you'll find the DUET diabetes team out and about, connecting with diabetes and foot health professionals and sharing our specialist training and expertise. We'll be attending the **Foot & Ankle Show 2026 in Liverpool on 3–4 March**, followed by the **Yorkshire Foot Health Conference in Barnsley on 28 March**. Later in the year we'll also be at the **West Midlands Foot Health Conference in Solihull on 6–7 November**. Each event is a great opportunity to meet the team, discuss best practice, and explore how our workshops and training can support your professional development.

We'll be adding more events as the year goes on – and as always, we'll keep you updated so you don't miss out.

- Foot & Ankle Show 2026 | 3 & 4 March 2026 | Liverpool
- Yorkshire Foot Health Conference | 28 March 2026 | Barnsley Yorkshire
- West Midlands Foot Health Conference | 6 & 7 April 2026 | Solihull, West Midlands

Events in 2026

Nutrition and Hydration Week - 16 - 22 March 2026



Nutrition and Hydration Week (16–22 March 2026) is a great opportunity to shine a spotlight on the vital role good nutrition and hydration play in overall health and diabetes management. During the week, we'll be encouraging healthcare professionals to reflect on best practice, share learning, and raise awareness of how simple, practical improvements can make a meaningful difference to outcomes. At DUET diabetes, nutrition and hydration are key themes within our education and training, supporting professionals to feel confident in delivering evidence-based, person-centred care.

For social care providers supporting people aged 65+ in **Norfolk & Waveney**, there is also access to fully funded hydration training delivered by the well-respected provider Training in Healthcare, offering a valuable opportunity to strengthen staff knowledge and improve day-to-day hydration support.

Find out more

Nutrition & Hydration Week

Trademark Scam Alert- Please Be Aware



We want to alert our readers to a recent trademark scam affecting small businesses across the UK.

Fraudsters, posing as IP law firms, are sending letters and emails claiming that another company is attempting to register your brand name and warning that you could lose your trademark rights unless you act within 48 hours. These messages are designed to cause panic and pressure businesses into paying unrecoverable fees. The Solicitors Regulation Authority (SRA) has issued an alert to its members, and we would like to help widen awareness.

If you receive such a communication, do not respond. Existing unregistered brand users still have legal protections, and these rights cannot be overridden by later trademark registrations.

Solicitors Regulation Authority

If you'd like to explore how DUET diabetes could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Warm regards

Lynne Reedman & DUET diabetes team

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