

Join our workshop...

Diabetes: Eating for Health, 3 June 2025

Take your understanding of diabetes and dietary management to the next level with our **"Diabetes: Eating for Health"** workshop! Designed for healthcare and social care professionals, including chefs, cooks, and kitchen staff, this session provides practical insights into how food impacts diabetes control.

Building on the foundational knowledge shared in our **"Diabetes Awareness"** workshop, this interactive session explores:

- The relationship between food and diabetes management.
- Strategies for planning and preparing menus.
- Helpful resources to enhance your ability to support individuals living with diabetes (including multi-cultural information to ensure person-centred, inclusive support).

This workshop offers tools and knowledge to make a meaningful impact on the lives of those living with diabetes. Don't miss the opportunity to enhance your skills and confidence in delivering appropriate dietary support!

1pm – 4.30pm, SCA members £50, non-members £100

This training has been developed by DUET diabetes Ltd and will be led by an experienced diabetes educator (includes a printed delegate pack and certificate)



To book places either

email Sarah-Jayne at SCA:
sarah@scaservices.org.uk

or book

via the SCA events page:

<https://scaservices.org.uk/event/diabetes-eating-for-health/>

Tea and coffee will be provided during refreshment breaks.

Venue: Suffolk Care Association (SCA), Needham Market, Suffolk, IP6 8NZ