

Join our workshop at Eckling Grange Care Home, Dereham... Diabetes: Eating for Health, 5 May 2026

Take your understanding of diabetes and dietary management to the next level with our "**Diabetes: Eating for Health**" workshop! Designed for healthcare and social care professionals, including chefs, cooks, and kitchen staff, this session provides practical insights into how food impacts diabetes control.

Building on the dietary management knowledge shared in our "**Diabetes Awareness**" workshop, this interactive session focussing on type 2 diabetes explores:

- The relationship between food and diabetes management
 - Strategies for planning and preparing menus
- Helpful resources to enhance your ability to support individuals living with diabetes (including multi-cultural information to ensure person-centred, inclusive support).

This workshop offers tools and knowledge to make a meaningful impact on the lives of those living with diabetes. Don't miss the opportunity to enhance your skills and confidence in delivering appropriate dietary support!

1pm – 4.30pm, only £85 (including VAT)

This training has been developed by DUET diabetes Ltd and will be led by an experienced diabetes educator (includes a printed delegate pack and certificate)



Tea and coffee will be provided during refreshment breaks.

Venue: Eckling Grange Care Home, Norwich Road, Dereham, Norfolk, NR20 3BB

To pay by credit/debit card: please scan QR code to book and pay via the Ticket Tailor online platform (or visit <https://buytickets.at/duetdiabetesltd/2144337>)

To pay via BACS: please email info@duetdiabetes.co.uk to provide your name, contact phone number and the number of places you would like to book. You will then receive an invoice via email.

