



Call us 01799 584178

January 2021 Newsletter

Happy New Year! Let's hope that 2021 brings good health and joy to as many people as possible.

For so many of us 2020 was a challenging year, primarily due to the coronavirus pandemic.

As a provider of small face to face workshops, all our bookings and activities in the pipeline had to be cancelled/put on hold.

After the initial shock and concern, our small silver lining within this bizarre situation is that it has allowed us to stand back and assess, whereby we took stock and started to think outside the box [we also had time to write some **blogs** which was always something we struggled to fit in!]

As a result we focussed our attention on 'feet' with a view to finding new ways to help make a difference for people living with diabetes in maintaining or improving their footcare... we want people with diabetes to look after their feet and avoid medical (and in particular surgical) intervention.

To find out more about our 'hands on feet' training portfolio, please click the the logo.



The diabetic foot:

A position paper to help reduce the number of major amputations in people with diabetes have been put forward.

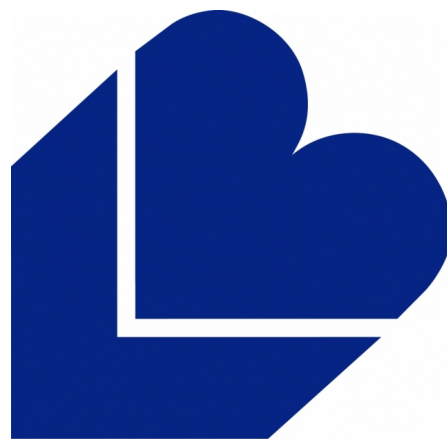
The document has been drafted by the Insights for Diabetes Excellence, Access and Learning (iDEAL) group, which is a team of multidisciplinary diabetes specialists with a keen interest in improving diabetes care outcomes across the UK.

[Find out more](#)

For beauty and wellness therapists...

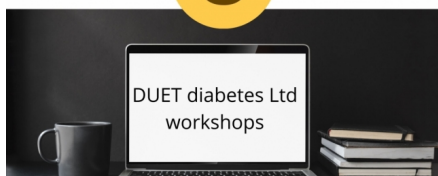
We feel that therapists offering foot related treatments are potentially an immensely useful extra pair of eyes, ears and hands for people with diabetes. We are delighted to be working with Louella Belle to offer 'diabetic foot awareness' training to this profession (i.e. pedicurists and reflexologists).

[Read more here](#)



Louella Belle

Going virtual!



**Keeping learners & their families,
residents, clients and patients
safe and well!**

Virtual workshops

To keep everyone safe and well during the coronavirus pandemic we have adapted some of our workshops to offer them as live and interactive webinar based sessions to ensure that clinically relevant, discussion led diabetes training is still available to those who seek it.

The sessions we have run so far have certainly promoted discussion and sharing of experiences amongst the learners!

Socially distanced filming for the foot examination and ABPI assessment demos had it's challenges, but we had a lot for fun and a great deal satisfaction when all completed. Gemma Andrews, who runs our 'hands on feet' workshops, was fabulous in front of the camera and Arran Reedman (our IT support) did a great job filming and editing the footage! A special thanks to Sushila and Rashmita from the **Billericay and Basildon Chiropody, Podiatry and Footwear Centres** for the use of their clinic space.

We would like to invite you to visit the virtual workshops page on our website to find out more. Please feel free to share with colleagues who you think may benefit from any of our workshops.

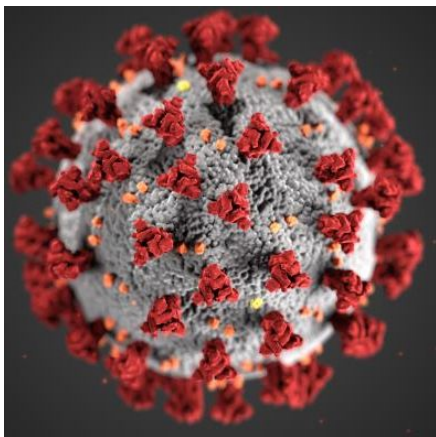
Hopefully at some point this year we will be able to run our workshops as face to face sessions which would then enable attendees to put the theory into practice and increase their confidence further, whilst being observed and aided by the educator.



Virtual workshops

27 January: Isulin Awareness and Injection Technique, 9am £15pp - kindly part sponsored by [Owen Mumford](#).

Find out more



Diabetes UK
The Association of British Clinical
Diabetologists
Leicester Diabetes Centre

'The road to outstanding care' - a series for people working in social care in the UK to help build a better service. The series is 12 months old now but may be of interest to some of our



readers as many of the tips and strategies will still be relevant.

'[Sweet Talking](#)' - for those of you unaware of Professor Partha Kar's podcasts, they worth seeking out [Partha is a Consultant in Diabetes & Endocrinology and National Specialty Advisor (Diabetes) with NHS England, as well as co-lead of Diabetes GIRFT with NHS Improvement.

Image from Tumisu on Pixabay

Dates for national conferences/meetings:

[Caring UK: Regional Care Conferences](#)

Throughout the year

[Older Persons Diabetes Network webinar meeting](#)

18 February 2021

[Health Plus Care Online](#)

24 & 25 February 2021

The Dementia, Care & Nursing Home Expo

9 & 10 March 2021

NEC Birmingham

[College of Podiatry Conference](#)

2 & 3 July 2021

Liverpool

Residential and Home Care Show

7 & 8 July 2021

ExCeL, London

You can keep in touch with us on social media, where we share various information, list our upcoming workshops and provide links to new blogs when they go live on our website. Look out for a video blog coming soon - an interview (socially distanced!) with 3 experienced podiatrists filmed last year before lockdown hit us again.

Please do not hesitate to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

[01799 584178](tel:01799584178) | [Visit our website](#) | [Send us an email](#)



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