



January 2026 Newsletter

Dear valued contact,

Welcome to the first Newsletter of 2026

A very Happy New Year from everyone at DUET diabetes. As we step into a new year, this edition reflects on the growth, learning and collaboration that shaped 2025, while looking ahead to the exciting opportunities planned for 2026. You'll find news of the launch of Twinkle Toes magazine, details of the events and conferences we'll be attending across the UK, and an overview of our upcoming workshops, including the introduction of a brand-new training session. We hope this newsletter keeps you informed, inspired and supported in your ongoing work with people living with diabetes.

Commissioned Diabetes Training – Tailored to Your Organisation



At DUET diabetes, we don't just deliver open workshops, we also work closely with organisations to provide commissioned, bespoke diabetes training designed around your workforce, location and learning needs.

Recently, we were approached by a national clinical trials organisation seeking practical training to support and upskill their teams working within diabetes-related research and clinical settings.

Working collaboratively, we delivered commissioned refresher training across multiple UK locations, including Glasgow and Birmingham, ensuring the content was relevant, practical and aligned with current best practice, while remaining flexible to fit their operational requirements.

✨ Why choose commissioned training with DUET diabetes?

- Training tailored to your organisation and staff roles
- Delivered at your chosen location(s)
- Evidence-based, practical and clinically relevant
- Ideal for refresher training, workforce development and funded programmes

If your organisation supports professionals working with people living with diabetes and needs high-quality, tailored training, we'd love to talk.

Commissioned Training

DUET diabetes Proud to Support *Twinkle Toes*



We're delighted to share that **Twinkle Toes**, a brand-new bi-monthly magazine dedicated to foot health, beauty, business and community, launching this month! Twinkle Toes brings together insights for foot health practitioners, podiatrists, clinicians, carers, educators and more, offering practical clinical content alongside trends and tools to support safe, effective and confident care.

Across six issues planned for this year, the magazine will showcase clinical expertise, aesthetic innovation and business insight, helping everyone passionate about foot care stay informed and inspired. Whether you work directly with people living with diabetes or are part of a broader foot health community, Twinkle Toes is a valuable new resource we're proud to support.

Discover the latest issue online and join us in celebrating this exciting addition to the foot health world!

Twinkle Toes

Blog: Growth & Impact: Reflecting on 2025 & Looking Ahead to 2026



2025 was a year of real growth and impact for DUET diabetes, as we continued to connect with healthcare professionals across the UK through events, workshops, publications and collaboration. From delivering practical, hands-on training in areas such as Diabetic Foot Screening and ABPI assessment, to sharing expertise through journals, podcasts and our blogs, people living with diabetes remained at the heart of everything we do. As we look ahead to 2026, we're excited to build on this momentum with new workshops, including the launch of Demystifying Dopplers & Diabetic Foot Screening Refresher, and to continue supporting professionals with the knowledge and confidence to deliver safer, more effective diabetes care.

[Read Blog Here](#)

DUET diabetes Open Workshops for 2026



We are already in full swing for planning this years Open Workshops for you to attend.

New for 2026! After receiving many questions around Doppler use, we have developed a brand-new practical workshop which aims to demystify the topic and provide clear, confidence-building guidance. Our first **Demystifying Dopplers & Diabetic Foot Screening Refresher workshop** will take place on 27 March in Barnsley, the day before the **Yorkshire Foot Health Conference**. As with all our workshops, we ensure a friendly, interactive learning environment where questions are welcomed and networking is encouraged.

You can book via the **DUET diabetes website**. We are offering a 10% discount to delegates attending the Yorkshire Foot Health Conference. The discount code will be communicated by Servatius CIC (organising the conference) to booked delegates. Places are limited, so early booking is advised (as more than half the places have already been booked)!

- **ABPI Assessment | 21 February 2026 | Towyn, North Wales**
- **Demystifying Dopplers & Diabetic Foot Screening Refresher | 27 March 2026 | Barnsley, Yorkshire**
- **Demystifying Dopplers & Diabetic Foot Screening Refresher | 18 April 2026 | Swindon, Wiltshire**
- **Diabetic Foot Screening | 9 May 2026 | Somerset**

Workshops in 2026

Where you can find us in 2026!



We're excited to be out and about again in 2026, connecting with diabetes professionals and sharing our training and expertise across the UK. Join us at **Foot & Ankle Show 2026 in Liverpool (3–4 March)**, and at the **Yorkshire Foot Health Conference in Barnsley on 28 March**. Later in the year we'll also be attending the **West Midlands Foot Health Conference in Solihull (6–7**

November), offering great opportunities to meet the DUET diabetes team, discuss best practice, and explore how our workshops and training can support your learning and development.

New events will be added throughout the year but don't worry, we will keep you informed!

- **Foot & Ankle Show 2026 | 3 & 4 March 2026 | Liverpool**
- **Yorkshire Foot Health Conference | 28 March 2026 | Barnsley Yorkshire**
- **West Midlands Foot Health Conference| 6 & 7 April 2026 |Solihull, West Midlands**

Events in 2026

Behind the Clinic Doors: The Foot Health Podcast



Lynne and Gareth were recently invited to take part in **Behind the Clinic Doors: The Foot Health Podcast**, where they shared the purpose behind DUET diabetes and the role our work plays in supporting people living with diabetes. During the discussion, they explored why DUET diabetes was founded, the importance of improving understanding around diabetes, and how better awareness can significantly impact foot health outcomes. The conversation highlighted valuable insights on education, prevention, and the benefits of collaboration between foot health professionals, other practitioners, patients and the wider public. Ultimately, the episode emphasised the need for clearer communication, earlier recognition of risks and a more joined-up approach to protecting long-term foot health. If you'd like to listen or learn more about our work, visit our website or follow us through our social channels.

[Watch / listen here](#)

If you'd like to explore how DUET diabetes could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Warm regards

Lynne Reedman & DUET diabetes team

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