



October 2025 Newsletter

Dear valued contact,

Welcome to our October Newsletter.

As we enter into October, and start to think about 2025 coming to a close, there's so much to reflect on and even more to look forward to in the world of diabetes care. From exciting breakthroughs in treatment and technology to the biggest changes in type 2 care in a decade, the landscape is evolving quickly. In this newsletter, we'll share updates on our plans for 2026 workshops, shine a spotlight on this year's World Diabetes Day theme of Diabetes and well-being, and let you know where you can catch up with the DUET diabetes team at upcoming events.

In the News....



As we move into the final months of 2025, there's encouraging momentum in the world of diabetes care that offers new hope for the year ahead. In the UK, the Medicines and Healthcare Regulatory Agency (MHRA) recently approved teplizumab, the first immunotherapy licensed to delay the progression of type 1 diabetes, giving eligible people up to three extra years before needing insulin therapy. **Source: The Independent**

On the policy front, NICE has announced a major shift in type 2 diabetes care, moving toward more personalised treatment plans and expanding access to newer medications like SGLT-2 inhibitors and GLP-1 therapies, aimed at better prevention of heart disease and other complications. **Source: NICE**

These milestones remind us that the future of diabetes care is evolving fast, and underline why education, training, and shared connection (just like the work we do at DUET diabetes) are more vital than ever.

Open Workshops for the remainder of 2025



As we are now in October and 2025 draws to a close, we're already planning our 2026 workshop calendar, with more opportunities for practical, hands-on training to help build confidence and strengthen skills in diabetes care. If you don't see a location that works for you, we'd love to hear from you — simply **register** your interest and let us know where you'd like to see a new workshop, and we'll explore what we can do.

Here's what's coming to a town near you.

- **Diabetic Foot Screening | 24 October 2025 | Suffolk**
- **Diabetes Awareness & Blood Glucose Monitoring & Glucometer Training | 28 October 2025 | Dereham, Norfolk**
- **Diabetic Foot Screening | 1 November 2025 | Stockport**
- **Diabetic Foot Screening | 15 November 2025 | Greatham, Teesside**

We are coming to the southern regions of the England early 2026, so **register** your interest to nominate a town near you.

While our open workshops, such as those on **Diabetic Foot Screening**, are a popular way to enhance skills and knowledge, we'd like to remind you that we also offer in-house workshops and commissioned training programmes. These tailored sessions are designed to meet the specific needs of health, social care, beauty & wellness providers, ensuring your team receives the training that's most relevant to them. Whether you prefer to join one of our scheduled workshops or organise a bespoke session, we're here to support you in providing exceptional care and services.



Why Attend our Training?

- Expert-led training focused on early detection of diabetic foot problems.
- Practical, hands-on sessions to build your confidence such as in foot screening techniques and blood glucose monitoring.
- Enhance person centred care with valuable knowledge that can help maintain or improve quality of life in a holistic, safe and responsive manner for people living with diabetes.

[Learn more & book your place](#)

Hypo Awareness Week - 6 to 12 October 2025



Get ready to join a vital national initiative Hypo Awareness Week, an annual campaign led by **Orange Juice Communications** to elevate awareness of hypoglycaemia among healthcare professionals across the UK.

Whether you're part of a hospital team or a primary care organisation, this is your opportunity to get involved. By registering, you'll access a comprehensive online resource pack and, on a first-come, first-served basis, receive a colourful printed pack featuring everything you need, posters, pens, stickers, and t-shirts, to energise your local campaign.

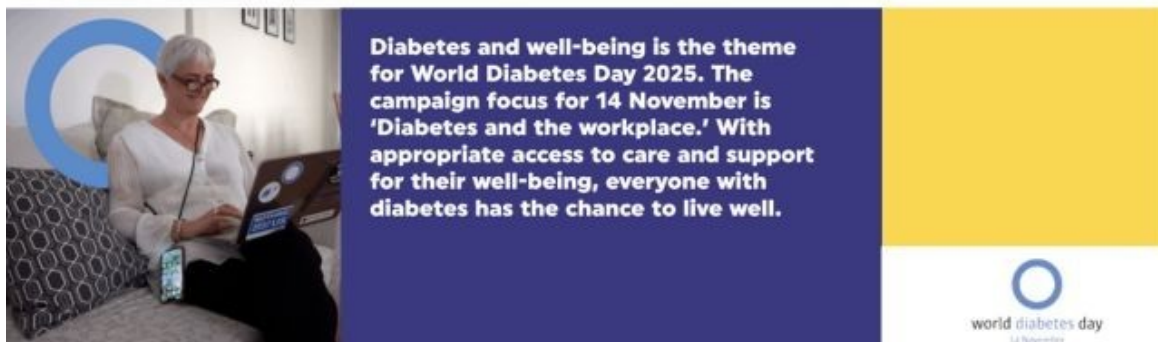
Social care providers can also get involved if the setting has a registered healthcare professional within the organisation.

Plus, don't miss your chance to highlight your efforts and enter the **Hypo Awareness Week Excellence Award** for the opportunity to be recognised for delivering a standout awareness-raising campaign. Let's empower our community to increase hypo awareness across the NHS and beyond!

Hypo Awareness Week

World Diabetes Day - 14 November 2025

Know more and do more for diabetes at work.



This year's World Diabetes Day continues to shine a light on "Diabetes and well-being", with a particular focus on the workplace. It's a timely reminder that for the millions of people living with diabetes worldwide, having the right care and understanding in place can make all the difference to both their personal and professional lives.

Why it matters:

- Celebrated each year on the birthday of Sir Frederick Banting, co-discoverer of insulin, it raises awareness of the ongoing global fight against diabetes.
- It remains the world's largest diabetes awareness campaign, reaching more than 1 billion people across 160+ countries.
- With around 70% of people with diabetes being of working age, the workplace plays a key role in shaping their health, confidence, and overall well-being.

Our role at DUET diabetes

At DUET diabetes, we believe education is the key to improving outcomes. Through our practical workshops and training, we help healthcare professionals

feel confident in supporting people with diabetes to live and work well. On World Diabetes Day, we're proud to stand alongside the global community in:

- Refreshing and strengthening knowledge
- Encouraging inclusive and supportive workplaces
- Reinforcing the link between informed care and better health outcomes

World Diabetes Day is a call to action — not only to raise awareness, but to put that awareness into practice. Together, we can help build workplaces where people with diabetes are understood, supported, and empowered.

Find out more....

World Diabetes Day

Events for 2025 and Beyond

We're always out and about at events, connecting with people living with diabetes, their families, and the professionals who support them. With just a few events left in 2025 and our first event for 2026 already confirmed, there are still plenty of opportunities to meet us.

Whether you'd like to learn more about how we can support you or your organisation, or simply share your own experiences, we'd love to chat.

Take a look at the events below, we'd be delighted to see you there. And don't forget to keep an eye out for future updates, as we'll be adding more 2026 dates soon!

- **Suffolk Care Association Annual Conference | 23 October**
- **Suffolk 'Foot Health Gig' | 25 October**
- **West Midlands Foot Health Conference | 8 November**
- **Yorkshire Foot Health Conference | 28 March 2026**

Events

If you'd like to explore how **DUET diabetes** could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Looking forward to connecting with you.

Best regards

Lynne Reedman & DUET diabetes team

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