



April 2026 Newsletter

Dear valued contact,

Welcome to our April Newsletter

This month, we're bringing you the latest updates from DUET diabetes, including highlights from the conferences we attended in March, alongside an expanding programme of open workshops for spring and summer. We're also excited to share more about our new Diabetic Foot Screening E-Course and blended learning programme, as well as the story behind our bespoke carbohydrate counting workshop. In addition, we're recognising the importance of Celebrating Social Care and looking ahead to Insulin Safety Week this May. As always, our focus remains on strengthening knowledge, building confidence, and improving outcomes in diabetes care.

Review of our conferences in March 2026!



March was a busy and rewarding month for the DUET diabetes team, as we attended both the Foot & Ankle Show in Liverpool and the Yorkshire Foot Health Conference.

The Foot & Ankle Show once again brought together a wide range of engaged and enthusiastic professionals, with a varied and inclusive programme that

continues to grow in popularity, so much so that plans are already in place to expand the event in 2027. It was fantastic to receive such positive feedback on our workshops and daily footcare cards, as well as to have insightful conversations with both delegates and exhibitors.



At the Yorkshire Foot Health Conference, now in its fourth year, we were delighted to return for the third time and be part of an event that welcomed over 100 passionate professionals committed to delivering high-quality footcare. Our team played an active role throughout the day, with Gareth Hicks leading a practical bite-sized doppler session, supported by podiatry colleagues Robert Isaacs and Wajid Hussain, who themselves delivered further engaging sessions later in the day. A particular highlight was the thought-provoking “Colour Matters” session, focusing on dermatological assessment in diverse patient populations, an incredibly relevant and valuable topic for all attendees.



Lynne also attended an insightful Frailty Conference, bringing together health and social care professionals committed to improving outcomes for those living with frailty. Led by Catherine O'Brien and opened by Dr Sarah Housden, the event explored frailty as a multidimensional condition, highlighting not only physical aspects, but also psychological and social factors. Key topics included dementia, falls prevention, and palliative care, alongside practical tools for care providers. A key takeaway was the importance of a holistic, person-centred approach, recognising that frailty is not limited to older people. With strong links between frailty and diabetes, the day reinforced the value of education, collaboration, and skilled care in supporting individuals with complex needs.

Next, we're off to the Norfolk & Suffolk Care Support Provider meeting in April and other events in June and beyond. If you are attending any of these events, please come and say hi.

Norfolk & Suffolk Care Support Provider Meeting | 14 April 2026 | Taverham, Norfolk

Public Policy Projects Long-term Conditions Forum | 23 June 2026 | BMA House, London

The Alliance of Private Sector Practitioners Conference | 26/27 September 2026 | Hinckley, Leicester

West Midlands Foot Health Conference| 6 & 7 November 2026 | Solihull, West Midlands

Events in 2026

DUET diabetes Open Workshops for 2026



Our 2026 Open Workshop programme continues to gather momentum, and we're delighted to be expanding our offering with even more opportunities for you to enhance your skills.

Following the successful launch of our Demystifying Dopplers & Diabetic Foot Screening Refresher workshop in Barnsley earlier this year, we're pleased to confirm a range of new dates and locations now available to book.

Designed to build practical confidence and strengthen clinical decision-making, our hands-on workshops provide clear guidance, supportive learning, and the opportunity to ask questions in a friendly, interactive environment.

As always, places are limited to maintain quality and engagement, so early booking via the DUET diabetes website is strongly recommended.

More dates and locations are currently being finalised, so keep an eye on our website and social media channels for the latest updates.

18 April 2026 | Demystifying Dopplers & Diabetic Foot Screening Refresher | Swindon, Wiltshire

21 April 2026 | Diabetic Awareness & Blood Glucose Monitoring | Norfolk

5 May 2026 | Diabetes: Eating for Health | Norfolk

16 May 2026 | Diabetic Foot Screening | Somerset

4 August 2026 | Diabetic Foot Screening | Birmingham

24 October 2026 | Diabetic Foot Screening | Northants

Workshops in 2026

Blog: The Story Behind Our Bespoke Carbohydrate Counting Workshop



This month, we're shining a light on what bespoke training really means at DUET diabetes. After being approached by a supported living provider needing carbohydrate counting training for a young adult with type 1 diabetes and learning disabilities, we worked closely with their team to design and deliver a fully tailored, practical workshop. From real-life food scenarios to hands-on learning and open discussion, the session was built entirely around their needs, helping to build confidence and improve day-to-day care. It's a great example of how personalised training can make a meaningful difference to both care teams and the people they support.

Brand New Training Option - Diabetic Foot Screening: E Course / Blended Learning Programme



Diabetic Foot Screening:

E Course / Blended Learning Programme

We're excited to be preparing for the launch of our new Diabetic Foot Screening: E Course / Blended Learning Programme — a flexible, evidence-based course designed to support care homes, domiciliary and live-in care providers, private podiatry, foot health practitioners, and NHS healthcare professionals alike.

This comprehensive and engaging programme combines online learning with a virtual classroom and further support regarding in person practical competency assessment if required. The training empowers teams to meet National UK standards, strengthen diabetic foot surveillance, and deliver holistic, high-quality care with confidence.

Whether you are looking to protect individuals from preventable complications, demonstrate excellence to families and inspectors, evidence a skilled workforce to commissioners, or simply build your own clinical confidence within a busy schedule, this course provides the knowledge, skills and reassurance to deliver safer, more effective diabetic foot care every day. Registering your interest early is recommended as we anticipate high demand ahead of the official launch later this year.

[Find out more](#)

Celebrating Social Care



This April, we're proud to support Celebrating Social Care 2026, a time to recognise the incredible dedication of those working across the sector. Social care professionals play a vital role in supporting individuals to live safely, independently, and with dignity, particularly those managing long-term conditions such as diabetes. From daily support to monitoring health and preventing complications, their impact is truly invaluable.

At DUET diabetes, we're passionate about supporting this workforce through high-quality training and education, helping to ensure the best possible outcomes for the people they care for.

[Find out more](#)

Raising Awareness of Insulin Safety Week



11/17 May 2026

With Insulin Safety Week taking place this May, we're using April to help build awareness of this important campaign. Insulin is a life-saving medication, but it must be used and managed safely to reduce the risk of errors and complications. For care professionals supporting individuals with diabetes, having the right knowledge and confidence is essential. At DUET diabetes, we're committed to supporting safer practice through high-quality training and education — helping teams understand insulin, minimise risks, and deliver safe, effective care every day.

[Find out more](#)

The Sole Alliance - Bi-Monthly Online Magazine



WHAT YOU'LL FIND INSIDE



Clinical Insight



Aesthetic Innovation



Business & Practice

At DUET diabetes, we're proud to support The Sole Alliance, a bi-monthly online magazine bringing together professionals across foot health, including podiatrists, foot health practitioners, educators, carers, and healthcare teams. The publication provides a valuable platform for sharing knowledge, insights, and best practice, helping to strengthen collaboration across disciplines. With foot health playing such a crucial role in diabetes care, particularly in preventing complications, we're delighted to support a resource that champions education, awareness, and improved outcomes for those living with diabetes.

[Find out more](#)

If you'd like to explore how DUET diabetes could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

[Contact us](#)

Warm regards

Lynne Reedman & DUET diabetes team

DUET diabetes Ltd



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