



December 2025 Newsletter

Dear valued contact,

Welcome to our Winter Newsletter

As 2025 draws to a close, we're delighted to look back at the inspiring year DUET diabetes had. From conferences and workshops to published articles, books and awareness campaigns, our mission has remained clear: empowering healthcare professionals and care providers to deliver the very best support for people living with diabetes.

West Midlands Foot Health Conference



In November, DUET diabetes had the pleasure of exhibiting at the West Midlands Foot Health Conference in Solihull. It was a fantastic event, bringing together a wide range of expert speakers who shared valuable clinical, business and wellbeing insights. We would like to congratulate Adele Beckett from **The Foot Health Clinic Rowley Regis and The Foot College** on the success of the event. It was inspiring to hear such a diverse programme, and even better to connect with so many fellow exhibitors including **Gold Standard Medical, Dermatronics, ZeroSole, Sole at Heart Foot Health Clinic, The Organic Foot Company, DermaPod UK** and many others. We are already looking forward to next year—

where DUET diabetes will not only exhibit but also contribute to the conference content.

Foot Health Conference

Looking back to Events in 2025



This year, DUET diabetes has proudly shone a light on the diabetes community at a wide range of events across the UK, so many friendly faces, so many laughs and very many good times.

By taking part in a wide range of conferences and forums throughout the year, DUET diabetes has been able to gather fresh knowledge and deeper insights into the evolving landscape of diabetic care. These events provide invaluable opportunities to meet and learn from influential voices across health and social care, exchange best practice, and stay at the forefront of new developments. Every conversation and connection feeds directly back into the training and workshops we deliver, ensuring they remain relevant, evidence-based, and impactful for professionals supporting people living with diabetes.

As we look forward to 2026, we are excited at the opportunity to meet more amazing people from this sector.

Events in 2026

DUET diabetes Workshops

- Education, Communication, Collaboration



Our workshops are designed to give health and social care professionals practical, hands-on training that makes a real difference every day. From Diabetic Foot Screening and ABPI assessment to Insulin Awareness and Eating for Health, our open sessions provide accessible learning for anyone involved in diabetes care. Held regularly across the UK, attending a DUET diabetes workshop means gaining up-to-date knowledge, building confidence, and taking away skills that can be applied immediately to improve care for people living with diabetes.

New for 2026! After receiving many questions around Doppler use, we have developed a brand-new practical open workshop which aims to demystify the topic and provide clear, confidence-building guidance. Our first **Demystifying Dopplers & Diabetic Foot Screening Refresher workshop** will take place on 27 March in Barnsley, the day before the **Yorkshire Foot Health Conference**. As with all our workshops, we ensure a friendly, interactive learning environment where questions are welcomed and networking is encouraged.

You can book via the **DUET diabetes website**. We are offering a 10% discount to delegates attending the Yorkshire Foot Health Conference. The discount code will be communicated by Servatius CIC (organising the conference) to booked delegates. Places are limited, so early booking is advised!

Additional locations (such as Swindon) are being planned for this new session.

Looking ahead, we also have a range of other open workshops planned for 2026, including:

- Diabetic Foot Screening in Northants, Somerset, West Midlands, Scotland, Cambridgeshire and Sussex
- ABPI Assessment in West Midlands, Norfolk, North Wales & Teesside
- Diabetes Awareness & Blood Glucose Monitoring in Norfolk

We are looking forward to 2026, with lots of fun, training and knowledge-sharing.

Workshops in 2026

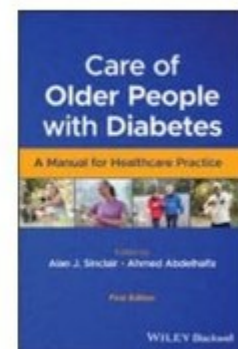
Behind the Clinic Doors: The Foot Health Podcast



Lynne and Gareth were recently invited to take part in **Behind the Clinic Doors: The Foot Health Podcast**, where they shared the purpose behind DUET diabetes and the role our work plays in supporting people living with diabetes. During the discussion, they explored why DUET diabetes was founded, the importance of improving understanding around diabetes, and how better awareness can significantly impact foot health outcomes. The conversation highlighted valuable insights on education, prevention, and the benefits of collaboration between foot health professionals, other practitioners, patients and the wider public. Ultimately, the episode emphasised the need for clearer communication, earlier recognition of risks and a more joined-up approach to protecting long-term foot health. If you'd like to listen or learn more about our work, visit our website or follow us through our social channels.

[Watch / listen here](#)

Publications & Blogs



Throughout 2025, DUET diabetes has continued to share expertise through respected journals and care sector publications, including **Nursing Times**, **Caring News**, and **Care Management Matters**. Our blog has also provided essential advice for care homes about footcare, such as preventing complications, please read here **Top Five Footcare Tips for Care Homes**.

One particular proud moment was the launch of a co-authored book, called "**Care of Older People with Diabetes: A Manual for Healthcare Practice**," Lynne's contribution to Chapter 13b, Management in Care Homes, provides essential guidance on supporting residents with diabetes to ensure they receive the best possible care. This comprehensive manual is a must-have for healthcare professionals working with older adults.

Expect to read more next year!

Closing Thoughts

2025 has been a year of growth, collaboration, and impact. We're grateful to all the healthcare professionals, care providers, and partners who have joined us in our mission. Together, we're making strides toward safer, more effective diabetes care. Here's to an even brighter 2026!

Warm regards

Lynne Reedman & DUET diabetes team

DUET diabetes Ltd

Contact us



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