DUETdiabetes
Delivering Understanding, Education and Training

October 2026 Newsletter

Dear valued contact,

Welcome to our Autumn Newsletter

October brings plenty of news from DUET diabetes, with a look at our recent work with the new team at California House, our upcoming events and Open Workshops, and our plans for World Diabetes Day on 14 November.

We're also sharing an opportunity to help shape stigma-free diabetes healthcare, while highlighting Lynne Reedman's latest article for The Sole Alliance Magazine, exploring this year's World Diabetes Day theme of acting early and knowing your risk of type 2 diabetes.

As always, we're passionate about sharing knowledge, building confidence and helping healthcare and social care professionals provide the best possible support for people living with diabetes.

Supporting the new team at California House



In September, we had the pleasure of working with the new team at California House, part of the Graham Group. Having known Manager Rebecca Alcock for many years, Lynne was delighted when Rebecca asked DUET diabetes to support the team with their diabetes care training. It has been wonderful to see

how enthusiastically the team have embraced the opportunity to refresh and expand their knowledge, with great engagement in the discussions, activities and practical sessions. We're looking forward to continuing our work with the team later this month, when we'll be facilitating an insulin update for their registered nurses.

We love working alongside adult social care providers like California House, helping teams build the knowledge, skills and confidence they need to support adults living with diabetes.

Where to find us this Autumn



November is a busy month for DUET diabetes, and we're looking forward to getting out and meeting colleagues at two events.

On 6–7 November, we'll be exhibiting at the **West Midlands Foot Health Conference** in Solihull, as well as delivering our Demystifying Dopplers workshop, with a focus on practical learning and building confidence in vascular assessment.

Then, on 24 November, Lynne will be attending the **CMM Insight: East Midlands Care Association Alliance Conference** at Pride Park Stadium in Derby as a delegate. It would be great to meet up, if you're attending. Please get in touch with **Lynne** to make some arrangements.

So, if you're at the Solihull or Derby event, please come and say hello, we'd love to meet you, chat about diabetes care and training, and find out how we can support you and your team.

6-7 November 2026 | West Midlands Foot Health Conference | Solihull, West Midlands

24 November 2026 | CMM | Derby FC Stadium

Events in 2026

Updating Your Diabetes Knowledge with our Open Workshops



There are still plenty of opportunities to join one of our DUET diabetes Open Workshops before the end of the year. We have Diabetic Foot Screening workshops taking place in Suffolk on 15 and 16 October and Coventry on 14 November, plus an Insulin Awareness & Injection Technique workshop in Suffolk on 16 October.

Whether you're looking to refresh your existing knowledge or build your confidence in these important areas of diabetes care, our practical, interactive workshops are designed to give you skills you can take straight back into practice. Places are limited, so book your place today.

15 October 2026 | Diabetic Foot Screening | Suffolk

16 October 2026 | Diabetic Foot Screening | Suffolk

16 October 2026 | Insulin Awareness & Injection Technique | Suffolk

14 November 2026 | Diabetic Foot Screening | Coventry

Workshops in 2026

Brand New Training Option - Diabetic Foot Screening Blended Learning Programme



We're excited to be preparing for the launch of our new Diabetic Foot Screening Blended Learning Programme, a flexible, evidence-based course designed to support care homes, domiciliary and live-in care providers, private podiatry, foot health practitioners, and NHS healthcare professionals alike.

This comprehensive and engaging programme combines online learning with a virtual classroom and further support regarding in person practical competency assessment if required. The training empowers teams to meet National UK standards, strengthen diabetic foot surveillance, and deliver holistic, high-quality care with confidence.

Whether you are looking to protect individuals from preventable complications, demonstrate excellence to families and inspectors, evidence a skilled workforce to commissioners, or simply build your own clinical confidence within a busy schedule, this course provides the knowledge, skills and reassurance to deliver safer, more effective diabetic foot care every day. Registering your interest early is recommended as we anticipate high demand ahead of the official launch later this year.

Find out more

World Diabetes Day - 14th November 2026



World Diabetes Day takes place on 14 November, providing an opportunity to raise awareness of diabetes and the impact it can have on the lives of millions of people around the world.

This year's theme focuses on diabetes and wellbeing, highlighting the importance of looking beyond blood glucose levels and recognising the wider physical and emotional wellbeing of people living with diabetes.

At DUET diabetes, we believe that knowledgeable, confident care teams play an important role in supporting people to live well with diabetes. That's why we're passionate about providing practical, accessible training that helps healthcare and social care professionals develop the knowledge and skills they need to deliver safe, person-centred diabetes care.

World Diabetes Day

Acting early this World Diabetes Day



In the latest issue of The Sole Alliance Magazine, Lynne Reedman explores this year's World Diabetes Day focus on acting early and why knowing your risk of type 2 diabetes matters. With type 2 diabetes often developing gradually, recognising the risk factors and taking action early can make an important difference. Lynne looks at what healthcare and foot health professionals can do to help people understand their risk, make informed choices and take positive steps towards their health. The September issue of The Sole Alliance Magazine is available now, so check your in boxes to read the full article or if you've not yet subscribed, find out how to subscribe via the button below.

The Sole Alliance Magazine

Help shape stigma-free diabetes healthcare



People living with type 2 diabetes can sometimes experience stigma in healthcare settings, including feeling judged, blamed or treated differently. The Australian Centre for Behavioural Research in Diabetes (ACBRD) is conducting an international study to better understand what stigma-free diabetes healthcare means to people living with type 2 diabetes. If you are aged 18 or over and living with type 2 diabetes, you can contribute by completing their anonymous online survey, which takes around 20–25 minutes. Your voice could help shape more understanding, respectful and supportive diabetes care in the future.

Link to survey

If you'd like to explore how DUET diabetes could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Warm regards

Lynne Reedman & DUET diabetes team

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