



May 2025 Newsletter

Dear valued contact,

Welcome to May

This month, we're bringing you a range of updates to support better diabetes care across health and social care settings. We highlight a powerful article from Care Management Matters on why understanding diabetes is vital to raising care standards, and we're thrilled to work with you on new workshop locations in response to growing demand. Don't miss our latest blog sharing five essential foot care tips for people living with diabetes in care homes, practical advice that can make a real difference. We also encourage you to follow Diabetes Africa on LinkedIn for insightful updates, and join us in recognising Insulin Safety Week, an important campaign promoting safe insulin use across the sector.

Understanding Diabetes in Care Settings



This recent article in Care Management Matters highlights the critical importance of improving diabetes understanding across the care sector.

With over 100,000 people living with diabetes in care settings, the piece explores how tailored training for care professionals can improve outcomes, reduce complications, and raise overall care standards. It stresses that recognising early

warning signs, understanding individual care needs, and confidently managing diabetes-related tasks, like foot checks and blood glucose monitoring, are essential to delivering safe, person-centred care.

Our founder, Lynne Reedman, lifts the lid on why organisations properly understanding diabetes can elevate the wellbeing of their teams and help the people they support to thrive. Read article in full via the button below.

CMM Article

Workshops for 2025

We're excited to continue to add additional workshops in our 2025 calendar! These sessions are designed to provide practical, hands-on training to enhance your skills and knowledge in diabetes care. There are only 3 places available for the Perth Diabetic Foot Screening workshop and ABPI Norwich.

Here's what's coming to a town near you.

- **Diabetes Awareness and Blood Glucose Monitoring | 27 May 2025 | Lingwood, Norfolk**
- **Diabetic Foot Screening | 21 June 2025 | Wisbech**
- **Ankle Brachial Pressure Index Assessment | 22 June 2025 | Norwich**
- **Diabetic Foot Screening | 27 June 2025 | Perth, Scotland**
- **Diabetic Foot Screening | 5 July 2025 | Towyn, North Wales**
- **Ankle Brachial Pressure Index Assessment | 22 July 2025 | Birmingham**
- **Diabetic Foot Screening | 6 September 2025 | Newtownabbey, NI**
- **Diabetic Foot Screening | 20 September 2025 | Shropshire**

News update – Following customer requests, we're exploring the addition of Stockport to our workshop locations. If you'd like us to bring a workshop to your area, we'd love to hear from you – **please get in touch**.

While our open workshops, such as those on **Diabetic Foot Screening**, are a popular way to enhance skills and knowledge, we'd like to remind you that we also offer in-house workshops and commissioned training programmes. These tailored sessions are designed to meet the specific needs of health, social care, beauty & wellness providers, ensuring your team receives the training that's most relevant to them. Whether you prefer to join one of our scheduled workshops or

organise a bespoke session, we're here to support you in providing exceptional care and services.

Why Attend our Training?

- **Expert-led training** focused on early detection of diabetic foot problems.
- **Practical, hands-on sessions** to build your confidence such as in foot screening techniques and blood glucose monitoring.
- **Enhance person centred care** with valuable knowledge that can help maintain or improve quality of life in a holistic, safe and responsive manner for people living with diabetes..



[Learn more & book your place](#)

Latest Blog: Preventing Complications - Five Essential Foot Care Tips for People Living with Diabetes in Care Homes



Blog



Nationally, up to 85% of diabetes-related amputations could be prevented through appropriate care / early intervention. Our latest blog highlights critical foot care practices for people living with diabetes patients in care homes, where one in four residents are living with diabetes.

DUET diabetes provides five essential daily practices: performing daily foot checks, maintaining clean and dry feet, keeping the skin hydrated by moisturising proper moisturising techniques, ensuring well-fitted footwear, and careful nail trimming (may require making use of a local podiatrist or foot health practitioner services). These simple yet effective strategies can significantly reduce the risk of serious complications including ulcers and potential limb loss. The care home staff team are encouraged to involve residents in their diabetes management plan when possible and to seek appropriate professional care when needed. For more comprehensive guidance, DUET diabetes offers specialised workshops including

Diabetes Awareness and Diabetic Foot Screening led by experienced healthcare professionals.

[Read blog here](#)

Diabetes Africa Newsletter



Having attended the Diabetes Africa UK Forum in November last year, we were interested to read the latest Diabetes Africa newsletter, which amongst other things, explores innovative tools and approaches being used to promote equity in diabetes care for people of Black African and African-Caribbean heritage across the UK. You can catch up on this article and other Diabetes Africa news and initiatives taking place nationally and internationally here via the button below.

Stay informed – For valuable insights and updates on diabetes care across diverse communities, we recommend following **Diabetes Africa on LinkedIn**.

[Diabetes Africa LinkedIn](#)

Insulin Safety Week: 12 - 18 May 2025



We're proud to be taking part in #InsulinSafetyWeek2025 – with a focus on safe use of diabetes technology –to reduce insulin errors within the healthcare

profession. Visit their website for more details.

Insulin Safety Week

Events for 2025

We're always out and about at events, eager to connect with individuals living with diabetes, their supporters, and professionals dedicated to diabetes care.

Whether you're looking to learn more about how we can support you or your organisation, or simply want to share insights about your own experiences, we're here for a chat.

Join us at the events below, where It would be a pleasure to meet you and discuss how we can assist you and the people living with diabetes you support.

Keep an eye out for updates as we add new locations, we'd love to meet you!

Suffolk Care Association's Network Forum | 13 May 2025 | Kesgrave

Caring UK Conference | 20 May 2025 | Norfolk

Norfolk Footcare Workshop | 7 June 2025 | Norwich

If you'd like to explore how **DUET diabetes** could support your team or discuss potential collaboration, please don't hesitate to get in touch. Alternatively, feel free to pass along our information to colleagues within your organisation, Primary Care Network (PCN), or Integrated Care Board (ICB) who may find it relevant.

Whether you are an individual practitioner/therapist or part of a larger organisation, please feel free to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

Contact us

Looking forward to connecting with you.

Best regards

Lynne Reedman

Founder & Service Lead

DUET diabetes Ltd



Copyright © 2025 DUET diabetes Ltd.

DUET diabetes Ltd | Cardinals Cottage, Mill Green, Horseheath, Cambridgeshire, CB21 4QZ

Registered in England and Wales. Registration No. 10687394

We sent you this email because of previous communications with you.

[Click here to unsubscribe.](#)

Please add **duetdiabetes@mail.101smartmessenger.co.uk** to your address book.